

PAL Volleyball
Rule Updates 2025

1. Registration: registration fees are \$150 per team. Team registrations due to league July 1. Payments are due by July 31
2. Referee Fees: referee fees are \$20 per team per game
3. All coaches are required to have a scorebook and home team is responsible for scorekeeping of record and reporting the final score to the league via the website link
4. Net height is 7' 4 $\frac{1}{8}$ " at all locations
5. Third set to determine match win: if a third set is required, and time is of essence, the referee may use discretion and start the third set at 7 and play to 15 with a win by two points. This would only be used if the game is running long and in order to keep subsequent games on time
6. Serving:
 - a. 3rd, 4th, 5th, and 6th grade may start to serve up to six feet inside the regulation line. No player may start up any farther than 24 feet.
 - b. The inside line IS NOT intended for coaches to score points, it is to be used solely for the benefit of those players with a weaker serve. Coaches should progress players to the regulation line for serving when possible.
 - c. After 5 successful serves in a row inside the line, the player is required to go to the regulation line to continue serving. Foot faults at the regulation line for all grades will be called
 - d. There is an 8 second serve rule once the referee has signaled for serve, before side out will be called
 - e. A player may serve over or under hand
 - f. A player may drop or catch the ball on a bad toss one time per successful serve
7. Friendship game:
 - a. Only played if time is allowed and at the referee discretion
 - b. Game is played to 15 but may be called for time
 - c. No line up required
 - d. No time outs allowed
 - e. Substitute freely
 - f. The game IS NOT counted in scoring